

# Galax Elementary School

## Breakfast Menu

May/June 2017



Offered Daily:  
Choose 1: Fruit or Juice  
Choose 1: Flavored or Unflavored Milk

**Monday, May 1**

Choose 1: French Toast Sticks or Cereal/Yogurt

**Tuesday, May 2**

Choose 1: Benefit Bar or Cereal/Yogurt

**Wednesday, May 3**

Choose 1: Chicken Biscuit or Cereal/Yogurt

**Thursday, May 4**

Choose 1: Biscuit & Gravy or Cereal/Yogurt

**Friday, May 5**

Choose 1: Mini Triple Berry French Toast or Cereal/Yogurt

**Monday, May 8**

Choose 1: Sausage Pancake on Stick or Cereal/Yogurt

**Tuesday, May 9**

Choose 1: Goody Ring or Cereal/Yogurt

**Wednesday, May 10**

Choose 1: Breakfast Pizza or Cereal/Yogurt

**Thursday, May 11**

Choose 1: WG Biscuit & Gravy or Cereal/Yogurt

**Friday, May 12**

Choose 1: Pop-Tart or Cereal/Yogurt

**Monday, May 15**

Choose 1: Triple Berry French Toast or Cereal/Yogurt

**Tuesday, May 16**

Choose 1: Benefit Bar or Cereal/Yogurt

**Wednesday, May 17**

Choose 1: Cinnamon Swirl or Cereal/Yogurt

**Thursday, May 18**

Choose 1: Chocolate Chip Muffin or Cereal/Yogurt

**Friday, May 19**

Choose 1: Breakfast Bun or Cereal/Yogurt

**Monday, May 22**

Choose 1: Breakfast Boat or Cereal/Yogurt

**Tuesday, May 23**

Choose 1: Breakfast Burrito or Cereal/Yogurt

**Wednesday, May 24**

Choose 1: Breakfast Pizza or Cereal/Yogurt

**Thursday, May 25**

Choose 1: WG Biscuit & Gravy or Cereal/Yogurt

**Friday, May 26**

Choose 1: Goody Ring or Cereal/Yogurt

**Monday, May 29**

Choose 1: French Toast Sticks or Cereal/Yogurt

**Tuesday, May 30**

Choose 1: Benefit Bar or Cereal/Yogurt

**Wednesday, May 31**

Choose 1: Chicken Biscuit or Cereal/Yogurt

**Thursday, June 1**

Choose 1: Biscuit & Gravy or Cereal/Yogurt

**Friday, June 2**

Choose 1: Mini Triple Berry French Toast or Cereal/Yogurt

# Galax Elementary School

## Lunch Menu

May/June 2017



Offered Daily:

Choose 1 : Canned Fruit or Fresh Fruit

Choose 1: Flavored or Unflavored Milk

### Monday, May 1

Choose 1: Taco Salad or Chicken Fajita  
Choose 1 or 2: Refried Beans or Salsa

### Tuesday, May 2

Choose 1: Popcorn Chicken or Mac & Cheese  
Choose 1 or 2: Corn or Broccoli

### Wednesday, May 3

Choose 1: Hotdog on Bun or Flame Broiled Beef Patty on Bun  
Choose 1 or 2: Coleslaw or Sweet Potato Fries

### Thursday, May 4

Choose 1: Fish Sticks or Baked Ham  
Choose 1 or 2: Mashed Potatoes or Chateau Blend

### Friday, May 5

Choose 1: Egg Roll or Cheese Pizza  
Choose 1 or 2: Spinach or Diced Tomatoes

### Monday, May 8

Choose 1: Chicken Nuggets or Country Fried Steak  
Choose 1 or 2: Mashed Potatoes or Steamed Broccoli

### Tuesday, May 9

Choose 1: Macaroni & Cheese or Turkey & Cheese Wrap on Tortilla  
Choose 1 or 2: Carrots or Corn

### Wednesday, May 10

Choose 1: Grilled Chicken on Bun or Flame Broiled Beef Patty on Bun  
Choose 1 or 2: Tater Wedges or Green Beans

### Thursday, May 11

Choose 1: Cheese Pizza or Pepperoni Pizza  
Choose 1 or 2: Spinach or Wax Beans

### Friday, May 12

Choose 1: Pork Chop or BBQ Chicken  
Choose 1 or 2: Baby Potatoes or Carrots

### Monday, May 15

Choose 1: Meatloaf or Salisbury Steak/Gravy  
Choose 1 or 2: Mashed Potatoes or Steamed Broccoli

### Tuesday, May 16

Choose 1: Ravioli/Bread Stick or Pork BBQ on Bun  
Choose 1 or 2: Chateau Blend or Sweet Potatoes

### Wednesday, May 17

Choose 1: Hotdog on Bun or Corndog  
Choose 1 or 2: Coleslaw or Tater Tots

### Thursday, May 18

Choose 1: Rib Patty with Roll or Chicken Fryz  
Choose 1 or 2: Baked Beans or Carrots

### Friday, May 19

Choose 1: Grilled Chicken or Sloppy Joe on Bun  
Choose 1 or 2: Sweet Potato Tots or Corn

### Monday, May 22

Choose 1: Taco Meat & Cheese on Tortilla or Nacho Chips  
Choose 1 or 2: Refried Beans or Salsa

### Tuesday, May 23

Choose 1: Mini Corndogs or Stuff Crust Cheese Pizza  
Choose 1 or 2: Corn or Tossed Salad

### Wednesday, May 24

Choose 1: Chicken Patty on bun or Fish Square on Bun  
Choose 1 or 2: Steamed Broccoli or French Fries

### Thursday, May 25

Choose 1: Chicken Fried Steak or Meatloaf  
Choose 1 or 2: Mashed Potatoes or Green Beans

### Friday, May 26

Choose 1: Chuck Wagon on Bun or Chicken Salad with Crackers  
Choose 1 or 2: Carrots or Lettuce & Tomato

### Monday, May 29

Choose 1: Ham & Cheese Sandwich or Turkey & Cheese Sandwich  
Choose 1 or 2: Cheddar Sun Chips or Carrots

### Tuesday, May 30

Choose 1: Spaghetti/Bread Stick or Pepperoni Pizza  
Choose 1 or 2: Lettuce & Tomato or Green Beans

### Wednesday, May 31

Choose 1: Chicken Tenders or Hot & Spicy Chicken Patty  
Choose 1 or 2: Steamed Broccoli or Mashed Potatoes

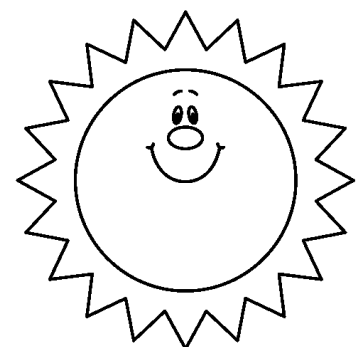
### Thursday, June 1

Choose 1: Chicken Fajita or Beef Taco on Tortilla  
Choose 1 or 2: Refried Beans or Salsa

### Friday, June 2

Choose 1: Chicken Nuggets or Sweet & Sour Chicken  
Choose 1 or 2: Rice or Chateau Blend

**Please note that the last day we will be serving ice cream snack will be Friday, May 26<sup>th</sup>.**



# Galax Elementary School

## 3<sup>rd</sup> Meal Menu

May/June 2017

**\*\*Substitutions may occur within menu\*\***

### Monday, May 1

Corndog  
Fruit & Craisins  
Milk

### Tuesday, May 2

Chicken Quesadilla  
Taco Sauce  
Fruit & Carrots/Ranch  
Milk

### Wednesday, May 3

Bosco Stick  
Marinara Sauce  
Fruit & Craisins  
Milk

### Thursday, May 4

Bean Burrito  
Taco Sauce  
Fruit & Carrots/Ranch  
Milk

### Friday, May 5

Cheese Quesadilla  
Taco Sauce  
Fruit & Craisins  
Milk

### Monday, May 8

Corndog  
Fruit & Craisins  
Milk

### Tuesday, May 9

Chicken Quesadilla  
Taco Sauce  
Fruit & Carrots/Ranch  
Milk

### Wednesday, May 10

Bosco Stick  
Fruit & Craisins  
Milk

### Thursday, May 11

Bean Burrito  
Fruit & Carrots/Ranch  
Milk

### Friday, May 12

Cheese Quesadilla  
Taco Sauce  
Fruit & Craisins  
Milk

### Monday, May 15

Corndog  
Fruit & Craisins  
Milk

### Tuesday, May 16

Chicken Quesadilla  
Fruit & Carrots/Ranch  
Milk

### Wednesday, May 17

Bosco Stick  
Fruit & Craisins  
Milk

### Thursday, May 18

Bean Burrito  
Fruit & Carrots/Ranch  
Milk

### Friday, May 19

Cheese Quesadilla  
Fruit & Craisins  
Milk

### Monday, May 22

Corndog  
Fruit & Craisins  
Milk

### Tuesday, May 23

Chicken Quesadilla  
Taco Sauce  
Fruit & Carrots/Ranch  
Milk

### Wednesday, May 24

Bosco Stick  
Marinara Sauce  
Fruit & Craisins  
Milk

### Thursday, May 25

Bean Burrito  
Taco Sauce  
Fruit & Carrots/Ranch  
Milk

### Friday, May 26

Cheese Quesadilla  
Taco Sauce  
Fruit & Craisins  
Milk

### Monday, May 29

Corndog  
Fruit & Craisins  
Milk

### Tuesday, May 30

Chicken Quesadilla  
Fruit & Carrots/Ranch  
Milk

### Wednesday, May 31

Bosco Stick  
Fruit & Craisins  
Milk

### Thursday, June 1

Bean Burrito  
Fruit & Carrots/Ranch  
Milk

### Friday, June 2

Cheese Quesadilla  
Fruit & Craisins  
Milk

