

# Galax Elementary School

## Breakfast Menu

August 2017



Offered Daily:  
Choose 1: Fruit or Juice  
Choose 1: Flavored or Unflavored Milk

### Tuesday, August 15

Choose 1: Benefit Bar or Cereal/Yogurt

### Wednesday, August 16

Choose 1: Cinnamon Swirl or  
Cereal/Yogurt

### Thursday, August 17

Choose 1: Chocolate Chip Muffin or  
Cereal/Yogurt

### Friday, August 18

Choose 1: Breakfast Bun or Cereal/Yogurt

### Monday, August 21

Choose 1: Breakfast Sandwich or  
Cereal/Yogurt

### Tuesday, August 22

Choose 1: Breakfast Burrito or  
Cereal/Yogurt

### Wednesday, August 23

Choose 1: Breakfast Pizza or  
Cereal/Yogurt

### Thursday, August 24

Choose 1: WG Biscuit & Gravy or  
Cereal/Yogurt

### Friday, August 25

Choose 1: Goody Ring or Cereal/Yogurt

### Monday, August 28

Choose 1: French Toast Sticks or  
Cereal/Yogurt

### Tuesday, August 29

Choose 1: Benefit Bar or Cereal/Yogurt

### Wednesday, August 30

Choose 1: Chicken Biscuit or  
Cereal/Yogurt

### Thursday, August 31

Choose 1: WG Biscuit & Gravy or  
Cereal/Yogurt



# Galax Elementary School

## Lunch Menu

August 2017

### Offered Daily:

Choose 1: Canned Fruit or Fresh Fruit  
Choose 1: Flavored or Unflavored Milk



### Tuesday, August 15

Choose 1: Mac & Cheese  
or Turkey & Cheese  
Wrap on Tortilla  
Choose 1 or 2: Carrots or  
Corn

### Wednesday, August 16

Choose 1: Grilled Chicken  
on Bun or Flame Broiled  
Beef Patty on Bun  
Choose 1 or 2: Tater  
Wedges or Green Beans

### Thursday, August 17

Choose 1: Cheese Pizza or  
Buffalo Pizza  
Choose 1 or 2: Tossed  
Salad or Wax Beans

### Friday, August 18

Choose 1: Pork Chop or  
BBQ Chicken  
Choose 1 or 2: Baby  
Potatoes or Carrots

### Monday, August 21

Choose 1: Meatloaf or  
Salisbury Steak with  
Gravy  
Choose 1 or 2: Mashed  
Potatoes or Broccoli

### Tuesday, August 22

Choose 1: Ravioli with  
Breadstick or Pork BBQ  
on Bun  
Choose 1 or 2: Chateau  
Blend or Sweet Potatoes

### Wednesday, August 23

Choose 1: Hotdog on Bun  
or Corndog  
Choose 1 or 2: Coleslaw  
or Tater Tots

### Thursday, August 24

Choose 1: Rib Patty with  
Roll or Chicken Fryz  
Choose 1 or 2: Baked  
Beans or Fresh Carrots

### Friday, August 25

Choose 1: Grilled Chicken  
or Sloppy Joe on Bun  
Choose 1, 2, or 3: Pickle  
Spear, Sweet Potato  
Tots, or Corn

### Monday, August 28

Choose 1: Taco Meat &  
Cheese on Tortilla or  
Nacho Chips  
Choose 1 or 2: Salsa or  
Refried Beans

### Tuesday, August 29

Choose 1: Mini Corndogs  
or Pepperoni Pizza  
Choose 1 or 2: Tossed  
Salad or Corn on the Cob

### Wednesday, August 30

Choose 1: Chicken Patty  
on Bun or Fish Square on  
Bun  
Choose 1 or 2: Steamed  
Broccoli or French Fries

### Thursday, August 31

Choose 1: Chicken Fried  
Steak or Meatloaf  
Choose 1 or 2: Mashed  
Potatoes or Green Beans



# Galax Elementary School

## 3<sup>rd</sup> Meal Menu

### Tuesday, August 15

CornDog  
Scooby Grahams  
Fruit  
Milk

### Wednesday, August 16

Bosco Stick  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Thursday, August 17

Bean Burrito  
Celery with Ranch  
Chocolate Chip Crisps  
Fruit  
Milk

### Friday, August 18

Cheese Quesadilla  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Monday, August 21

Cheese Pizza  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Tuesday, August 22

CornDog  
Scooby Grahams  
Fruit  
Milk

### Wednesday, August 23

Bosco Stick  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Thursday, August 24

Bean Burrito  
Celery with Ranch  
Chocolate Chip Crisps  
Fruit  
Milk

### Friday, August 25

Cheese Quesadilla  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Monday, August 26

Cheese Pizza  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Tuesday, August 29

CornDog  
Scooby Grahams  
Fruit  
Milk

### Wednesday, August 30

Bosco Stick  
Craisins  
Carrots with Ranch  
Fruit  
Milk

### Thursday, August 31

Bean Burrito  
Celery with Ranch  
Chocolate Chip Crisps  
Fruit  
Milk

